



Emily Williams
Elder Affairs Director

Cole Yeaton Senior Center
10 Wally Krueger Way
Bridgewater, MA 02324
508-697-0929
www.bridgewaterma.org

Bridgewater Elder Affairs Commission Meeting

Monday January 11, 2021 3:00pm
Zoom Meeting

Join Zoom Meeting

<https://zoom.us/j/96002444815> Meeting ID: 960 0244 4815 Call in Option: 646-876-9923

Disclosure: Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitation on the number of people that may gather in one place, this meeting of the Bridgewater Elder Affairs Committee will be conducted via remote participation to the greatest extent possible.

There will be no in person attendance permitted.

Members:

Chair, David Frim ____

Vice Chair, Nick Bagas ____

Treasurer - vacant position

Secretary, Sandy Alley ____

Regina Cohen ____ Joan Colombo ____

Debbie Heckbert ____ Karen Aicher ____

Gloria Lemieux ____ Marylou Harding ____

Diane Roza ____ Robin Sherrick ____

Call to order at: ____

1. Approval of November Meeting Minutes
2. Announcements and Holiday Closings: Closing January 18; building closed to the public except by appointment only.
3. Subcommittee Reports
4. Treasurer's Report
5. Director's Report
6. Old Business
7. New Business
8. Next meeting: February 8, 2021 3:00pm (Zoom Link above)
9. Public Comment
10. Adjournment

Bridgewater:

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DAVID FRIM, CHAIRMAN, CALLED THE DECEMBER MEETING OF THE EAC TO ORDER AT 3:03 PM. FIRST OFF HE INTRODUCED OUR NEWEST MEMBER, KAREN AICHER.

THE NOVEMBER EAC MEETING MINUTES WERE APPROVED.

ANNOUNCEMENTS AND HOLIDAY CLOSINGS:

CHRISTMAS AND NEW YEARS DAY THE SENIOR CENTER IS CLOSED AS WELL AS MARTIN LUTHER KING JR. DAY IN JANUARY.

TOWN MANAGER, MICHAEL DUTTON, SAYS THAT THE STAFF AT THE SENIOR CENTER WILL BE REDUCED ALL THIS WEEK AND COULD BE EXTENDED. THIS INCLUDES RODDY WALSH.

SUBCOMMITTEE REPORT:

THE BRIDGEWATER NURSING HOME VISIT IS ON THE 16TH OF DECEMBER AT ONE. AT 2:30 IT WILL BE OFF TO VISIT THE WESTVIEW REST HOME IN EAST BRIDGEWATER.

TOYS WERE DROPPED OFF AT THE BRIDGEWATER FIRE DEPARTMENT.

APPROXIMATELY \$600.00 WILL BE DONATED TO THE BRIDGEWATER FOOD PANTRY.

DAVID THANKED EVERYONE FOR HELPING OUT WITH THESE ENDEAVORS.

REGINA SAID THAT THE CHRISTMAS DINNER WAS VERY SUCCESSFUL.

TREASURERS REPORT: NONE

DIRECTORS REPORT:

EMILY INTRODUCED KAREN AICHER, OUR NEWEST EAC MEMBER. KAREN IS A PROFESSOR AFFILIATED WITH BSU IN THE SPEECH LANGUAGE PATHOLOGY DEPARTMENT. STUDENTS OF KARENS WILL BE VOLUNTEERING AT THE SENIOR CENTER. THERE IS STILL ONE SPOT AVAILABLE ON THE EAC.

STAFF CHANGES: KRISTEN NOONAN IS OUR NEW PROGRAM VOLUNTEER COORDINATOR. KRISTEN IS REORGANIZING HOW WORK IS BEING DONE IN THE OFFICE. SHE IS A PERSONAL FITNESS INSTRUCTOR WHO REALIZES THE NEED FOR SENIORS TO KEEP MOVING. SHE WILL BE PUTTING TOGETHER PROGRAMS FOR HEALTH AND WELLNESS ALONG WITH OTHER TYPES OF PROGRAMS.

EMILY IS CHECKING ON THE AVAILABILITY TO CONTINUE SOME EXERCISE PROGRAMS INDOORS AT THE CONANT CENTER.

A VIRTUAL MEMORY CAFE WILL BE OPENING UP FOR PEOPLE WITH COMMUNICATION DISORDERS AND MEMORY LOSS.

LAST WEEK'S VIGIL FOR THOSE WE HAVE LOST WAS QUITE AN EMOTIONAL EVENT.

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THIS TYPE OF EVENT WILL ALSO TAKE PLACE DURING THE SPRING SOLSTICE IN JUNE AND WILL BECOME A YEARLY EVENT.

TOMORROW, THE 15TH, WILL BE THE SING A LONG AT 11:00 WITH ALYSSA.

THE DIRECTORS OF THE COAS IN EAST BRIDGEWATER, WEST BRIDGEWATER AND BRIDGEWATER HELD AN INFORMATIVE MEETING TO DISCUSS WHAT WAS HAPPENING IN EACH OF THE SENIOR CENTERS.

THE PARTY LINE STARTED DECEMBER 14. THE COST IS \$40 PER MONTH AND IS AIMED AT THOSE WHO DO NOT HAVE A COMPUTER IN THEIR HOME BUT WOULD LIKE TO HAVE STORE CIRCULARS READ TO THEM AS WELL AS HOLIDAY STORIES, ETC.

EMILY STATED THAT HISTORICAL PROGRAMS ARE ALWAYS POPULAR WITH SENIORS.

SHERYL FAYE HAS ADDED CLARA BARTON TO HER REPERTOIRE. WE WILL BE BOOKING HER FOR THAT PRESENTATION.

THE TV GUIDE PROGRAMMING IS VERY HELPFUL.

MEALS ON WHEELS - GOING WELL ALTHOUGH 2 DRIVERS ARE QUARRANTINED.

THE BISTRO MEALS ARE VERY POPULAR AND WILL CONTINUE. AFTER THE FIRST OF THE YEAR THE BISTRO MEALS WILL COST \$5.00 PER MEAL DELIVERED. 80 PEOPLE NOW ARE RECEIVING BISTRO MEALS.

THE NEW YEARS EVE PARTY PLANNING IS UNDERWAY. THERE WILL BE A FOOD TRUCK THIS YEAR.

THE FEE FOR OUT OF TOWN TRANSPORTATION IS \$5.00 ROUND TRIP.

THERE WILL BE A \$5.00 PARTICIPATION FEE FOR ALL PROGRAMS.

WHEN THE SENIOR CENTER IS ALLOWED TO REOPEN, THERE WILL BE A CHARGE FOR HALL RENTALS.

EMILY SUGGESTED EVERYONE CHECK OUT THE COA FACEBOOK PAGE AT WWW.FACEBOOK.COM/BRIDGEWATER-MA-SENIOR-CENTER

WE WILL BE GETTING BACK TO MONTHLY NEWSLETTERS.

GRANT MONEY FOR NEXT YEAR IS BEING JUSTIFIED BY THE HEALTH AND WELLNESS CALLS MADE TO SENIORS BY VOLUNTEERS BECAUSE NO ONE CAN ENTER THE BUILDING FOR IN PERSON PROGRAMS. THE STATE HAS SET THE FIGURE OF \$12.00 PER SENIOR FOR BRIDGEWATER.

EMILY WILL SHARE ANY INFO RECEIVED REGARDING COVID VACCINES WHEN SHE GETS IT.

THE NEXT SCHEDULED MEETING FOR THE EAC IS JANUARY 11, 2021 AT 3:00 PM.

MEETING ADJOURNED AT 4:00 PM BY DAVID FRIM.

RESPECTFULLY SUBMITTED,
SANDRA ALLEY, SECRETARY
EAC

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