



Emily Williams
Elder Affairs Director

Cole Yeaton Senior Center
10 Wally Krueger Way
Bridgewater, MA 02324
508-697-0929
www.bridgewaterma.org

Bridgewater Elder Affairs Commission Meeting

Monday September 12 2022, 2:00pm

Virtual Via Zoom Meeting

Join Zoom Meeting

<https://zoom.us/j/96002444815>

Meeting ID: 960 0244 4815 Call in Option: 646-876-9923

Disclosure: Pursuant to Governor Baker's March 12, 2020 Order Suspending Certain Provisions of the Open Meeting Law, G.L. c. 30A, §18, and the Governor's March 15, 2020 Order imposing strict limitation on the number of people that may gather in one place, this meeting of the Bridgewater Elder Affairs Committee will be conducted via remote participation to the greatest extent possible.

Members:

Chair, David Frim	_____	Debbie Heckbert	_____
Vice Chair, Diane Roza	_____	Marylou Harding	_____
Treasurer, Gloria Lemieux	_____	Robin Sherick	_____
Secretary, Sandy Alley	_____	Karen Aicher (<i>Associate Member</i>)	_____
Nick Bagas	_____	Doug Dorr (<i>Associate Member</i>)	_____
Rich Gopen	_____		

Call to order at: _____

1. Announcements and Holiday Closings
 - a. October 10th (Columbus Day)
2. Subcommittee Reports
 - a. Senior Center Building Subcommittee
 - b. Activities Subcommittee
3. Treasurer's Report
4. Building Update – Facilities Manager
5. Director's Report
 - a. Landscaping/Grounds Work Update
 - i. First Public Input Session – September 21, 2022 at 11:00 a.m.
6. Old Business
 - a. Wellness Calls Update
7. New Business
8. Next meeting: October 18th, 2022, at 2:00pm
9. Public Comment
10. Adjournment



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August 8, 2022 Meeting

CHAIRMAN, DAVID FRIM, CALLED THE AUGUST MEETING OF THE EAC TO ORDER AT 2:05 PM

THE MINUTES OF THE JULY MEETING WERE APPROVED AND SECONDED.
ANNOUNCEMENTS AND HOLIDAY CLOSINGS: SEPTEMBER 5, LABOR DAY CLOSED

NO SUBCOMMITTEE REPORTS.

IN THE FALL NEWSLETTER THE SENIOR CENTER WILL BE PROFILING EVIE DELUTIS AND GLORIA MORAN. THESE TWO LADIES ARE VERY INVOLVED IN MANY THINGS IN AND ABOUT TOWN INCLUDING THE SENIOR CENTER.

TREASURER'S REPORT:

1. HOWARD FOUNDATION BALANCE IS \$7111.00 WITH EXPENSES OF \$1193.00 WHICH WAS MOSTLY FOR THE 30TH CELEBRATION
2. THE COA REVOLVING ACCOUNT HAS A BALANCE OF \$952.00
3. NEEDY SENIORS HAS A BALANCE OF \$2600.00
4. MISCELLANEOUS ACCOUNT HAS A BALANCE OF \$37,886.00 WITH EXPENSES OF \$471.00
NUTRITION HAS A BALANCE OF \$11,788.00 WITH EXPENSES OF \$1698.00

BUILDING UPDATE (FACILITIES MANAGER IS ON VACATION)

EMILY WAS ABLE TO FILL US IN ON THE UPDATE FOR THE NEW PORTICO.

THE CONTRACT WITH BRISTOL PLYMOUTH HAS BEEN SIGNED. THE BRIDGEWATER BADGERS FOOTBALL TEAM, ON AUGUST 21, WILL HELP REMOVE THE OLD AWNING. EXCAVATION AND POURING CONCRETE FOR THE PLATFORM WILL TAKE PLACE DURING THE FINAL WEEK IN AUGUST. THE ENTIRE PROJECT WILL TAKE A FEW MONTHS AT BEST. THERE WILL BE TEN TO TWENTY STUDENTS FROM BP CONSTRUCTING THE PORTICO.

DIRECTOR'S REPORT:

EMILY GAVE A RECAP OF THE 30TH ANNIVERSARY OF THE SENIOR CENTER. IT WAS A HUGE SUCCESS! THE WHOPIE PIE WAGON WOULD HAVE COST US \$1200 BUT BLUESTONE BANK PICKED UP THE TAB FOR IT. THEY CAME WITH 150 WHOPIE PIES. IT WAS DECIDED TO HAVE A YEARLY BIRTHDAY PARTY IN JUNE TO CELEBRATE THE SENIOR CENTER BIRTHDAY.

EMILY SAID THAT THE NEW MITCHELL SCHOOL WILL BE OPENING IN SEPTEMBER.

EMILY SAID THAT THE FITNESS CLASS ATTENDANCE IS DOWN. THEREFORE, WE WILL BE DROPPING TAI CHI AND CARDIO DANCE IN SEPTEMBER.



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THERE WILL BE 2 STUDENT INTERNS FROM THE SPEECH DEPARTMENT COMING NEXT MONTH. THERE WILL BE ONE FROM SOCIAL WORK AND ONE FROM NUTRITION. ALSO, A LICENSED MENTAL HEALTH WORKER FROM FISHER COLLEGE WILL BE COMING.

FALL PROGRAMS:

A FALL CRAFT FAIR WILL BE HELD ON HALLOWEEN FROM 10 TO 2. TABLE RENTALS WILL BE BETWEEN 10 AND 15 DOLLARS.

THERE WILL ALSO BE A SENIOR SAFETY EVENT ON OCTOBER 18 FROM 10 TO 2. THERE WILL BE TABLE RENTALS FROM 10 TO 15 DOLLARS EACH.

ANOTHER NEW PROGRAM WILL BE: "SING, EXPLORE, CREATE". THIS PROGRAM WILL BE TARGETING OUR OLDER SENIORS WHO ARE ISOLATED, DEPRESSED, LONELY, ETC. THEY WILL COME IN THE MORNING FOR AN ACTIVITY AND STAY AND HAVE LUNCH. THEY WILL BE GOING ON TRIPS TO MUSEUMS, ETC.

THERE ARE ISSUES WITH TRAVEL! SOME SENIORS ARE STILL HESITANT TO BE OUT AND ABOUT WITH OTHERS DUE TO THE THREAT OF COVID AND THERE IS ALSO THE COST OF GAS AND FOOD TO FACTOR IN! WE NEED MORE VOLUNTEERS TO RUN ERRANDS AND SHOP FOR SENIORS.

RICH GOPEN HAS STARTED TO MAKE THE WELLNESS CALLS. THERE ARE 6000 PEOPLE IN BRIDGEWATER OVER THE AGE OF 60! RICH IS WORKING ON GETTING PHONE NUMBERS AND EMAILS FOR THOSE OVER THE AGE OF 70.

EMILY MENTIONED THAT THERE IS A LOT OF SKIMMING GOING ON.

WE WILL BE HAVING ANOTHER BBQ IN SEPTEMBER.

THE SCHOOL DEPARTMENT WILL BE PLANTING THE MESSY LOOKING ISLAND IN FRONT OF THE CENTER AND THE GARDEN CLUB WILL MAINTAIN IT.

PICKLE BALL IS AWESOME! PEOPLE ARE COMING FROM ALL OVER STARTING AT 6:30 A M

THE NEXT MEETING WILL BE SEPTEMBER 12 AT 2:00 PM VIA ZOOM.

MEETING ADJOURNED AT 2:43 PM

RESPECTFULLY SUBMITTED,
SANDRA ALLEY, SECRETARY
ELDER AFFAIRS COMMISSION